

## Confidentiality

Our counselling service is confidential. However, as a high number of our clients are referred by their GP, you may wish to inform your GP that you are in counselling as we feel this is an important therapeutic contribution towards achieving good mental health.

## Complaints

We are committed to providing a high quality counselling service to all our clients. If you are unhappy about any aspect of our service please let a member of staff know. It will be discussed with those concerned and you will be informed of the outcome.

Professional organisations and codes of conduct:

[www.bacp.co.uk](http://www.bacp.co.uk)

[www.cosca.org.uk](http://www.cosca.org.uk)

## Evaluation

You will be asked to complete a questionnaire after counselling has ended.

## Alison Brown

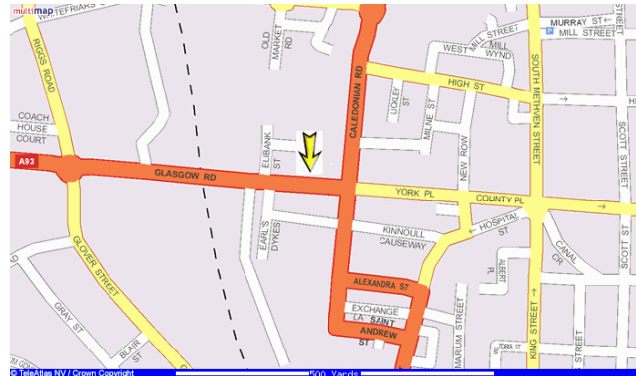
Counselling Co-ordinator

## Mindspace pk Counselling Service

Mindspace pk is the counselling service for PAMH (Perth Association for Mental Health) which is a voluntary organisation founded in 1981. Our aims are to promote mental health within the Perth and Kinross District by providing services to the community which complement those offered by the statutory services.

The counselling service was established as part of these aims. Our service is open to individuals over 16 years of age.

## How to find us



**Mindspace pk, 51 York Place, Perth**



## Adult Counselling Service

## Counselling & Psychotherapy Service

### Mindspace pk Counselling Services

51 York Place

Perth

PH2 8EH

Tel: 01738 631639

Fax: 01738 455092

Email: [info@mindspacepk.com](mailto:info@mindspacepk.com)

[www.mindspacepk.com](http://www.mindspacepk.com)

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